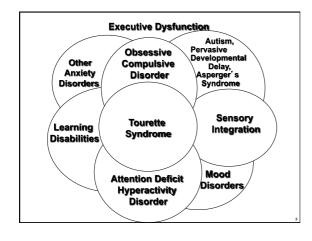
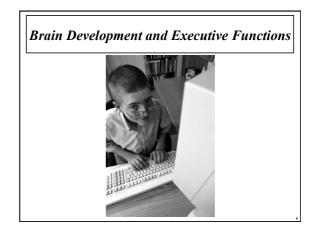




#### Hallmarks of Executive Dysfunction are Difficulties with:

- Goal Setting
- Initiating
   Planning
- Planning
   Organizing
- Prioritizing
- Pacing
- Executing
- Inhibiting
- Sequencing
- Shifting Flexibly
- Using Feedback





# 28/03/12



#### Brain Changes in the **Development of Competence**

The Cerebrum and Learning

Occipital lobe - visual processing.

Parietal lobe - coding spatial information attentional control, bodily sensations.

*Temporal lobe* - coding auditory and verbal information, memory storage, processing object and faces.

*Insular lobe* - emotional processing, taste and learning.

Frontal lobe - executive function, reasoning, effort and emotional coding, conceptual information and rules, motor control, speech, smell.



#### Domain General Control Areas

Attentional control – posterior parietal cortex.

Process monitoring, decision making, conflict management - anterior cingulate cortex/pre-supplementary motor area.

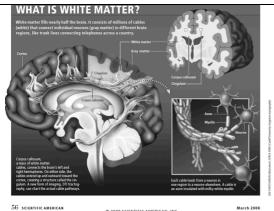
Goal processing and task switching -dorsolateral prefrontal cortex.

Cmotional processing - amygdala.

Episodic coding of associations – para-hippocampus and hippocampus.

Smooth sequential processing -cerebellum.

Reinforcement and motor control – basal ganglia.



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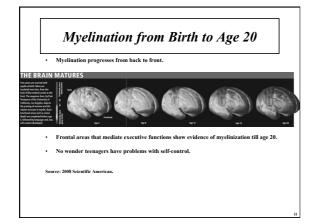


Myelination: Brain Matures •Few axons are covered with myelin at birth.

 Myelination progresses from back to front as neurons are pruned.

 Basic functional areas (back) completed before age 4, followed by language areas (ages 8-12).

 Last areas to mature (forebrain) are involved in self-regulation (ages 16-20).





**Behavioral Dimensions of Executive Functions** 

**Behavioral Regulation** 

Inhibition of prepotent cognitive and emotional responses (medial prefrontal region).

(Barkley, Brown, Denckla, Lezak, Pennington)



#### Behavioral Dimensions of Executive Functions

# Initiation of Action

Readiness to start an intended action (mediated by medial frontal lobe).



#### Behavioral Dimensions of Executive Functions

## Planning and Organization

Sequencing and prioritizing, categorizing and developing options (dorso-lateral prefrontal lobe).



Behavioral Dimensions of Executive Functions

#### Monitoring

External monitoring to capture errors and evaluate corrections



Behavioral Dimensions of Executive Functions

#### Responding to Feedback and Set Shifting

(mediated by orbital prefrontal regions)

Barkley, Brown, Lezak, Lyon & Krasnege



# **Memory Functions**

- 1. Long-Term Memory
  - a. Procedural Memory b. Declarative Memory
    - 1. Semantic Memory 2. Autobiographical Memory
- 2. Short-Term Memory a. Immediate Memory b. Working Memory
- 3. Strategic Memory



Behavioral Dimensions of Executive Functions Working Memory • Explicit working memory for novel stimuli and

conscious processing (orbital prefrontal cortices)

• Implicit working memory for familiar and visual stimuli (posterior cortices and left parietal lobe); interacts with selective attention

Goldman-Rakich, Shallice, Tulving, Furey de Simone



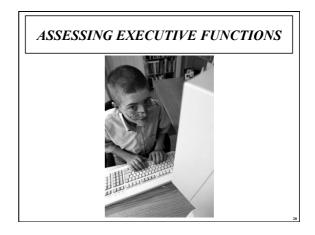
Brain Changes in the Development of Competence Brain Activation during Working Memory Tasks

Increases may result from strengthening activation or from spatial expansion.

Decreases may reflect reduction in strength or spatial extent and appear to result from greater neural efficiency (processing efficiency).

Shifts in location may reflect reorganization of regions used to support performance (functional reorganization).

ource: Hill & Schneider, 2006).



#### Case Study: Evidence of Executive Function Disorders

This student	Executive Functions
has problems paying attention	Attention
Doesn't focus on what's going on in class	
has difficulty following directions	Memory
has problems remembering things in class	-
has difficulty complying with my requests	
loses things	
has trouble sequencing things in proper order	Organization
writes in a sloppy or disorganized manner	
does work in a disorganized way	
does not come to class prepared	
seems lost or confused in school	
makes the same mistakes over and over again	Monitoring
doesn't ask for help when it's necessary	-
distracts the class	Behavioral Regulation
exhibits emotional outbursts	
is not interested in classroom activities	
needs to be in control	
is impulsive	
needs to be the center of attention	

# **Eligibility for Language Services**

Language Assessment Issues Untimed Assessment Norm-referenced language tests are untimed. They do not place limitations on the time it takes for a student to respond to or complete test items.

These tests are performance measures. They are designed to give measures of a student's best performance level.

They do not capture deficits in speed-ofprocessing and delays in responding associated with Executive Function Disorders (e.g., Tourette Spectrum Syndrome).



# **Eligibility for Language Services**

Language Assessment Issues Timed and Other Assessments

Power tests are timed. They impose time restrictions for completing either simple (e.g., rapid automatic naming) or complex tasks (e.g. formulating sentences with given words).

Performance-based assessments (e.g., portfolio, behavioral observations) should also be used to complement existing tests and measures to respond to educational mandates.



#### Language Deficits in Executive Function Disorders

Expressive Language Deficits

In clinical practice, many students with EFD (e.g., Tourette Spectrum Syndrome) have problems with the speed with which they can perform expressive language tasks.

They often cannot express themselves within the expected time limits (i.e., "real time") in academic or social contexts.

Their responses to questions in the classroom and to social conversation are often significantly delayed and disorganized.

They have difficulty forming complex sentences when several dimension (audience, context, theme, etc.) have to be integrated (e.g., CELF-4 Formulated Sentences)

4

# Processing Speed and Executive Functions

Processing speed is a general term that refers to the rate/speed with which an individual can react and respond to auditory, visual or other input.

Processing speed deficits can affect the auditory and visual domains and are associated with language disorders, reading disabilities/dyslexia, psychiatric disorders and dementia.

# **Processing Speed and Attention**

There are relations between interactive components that form the functional system involved in executive attention.

*Sustained attention* maintains attention over time -controlled by the reticular formation, brain stem and frontal regions

Selective attention maintains ability to focus on a stimulus in the presence of distracters -- mediated by temporal, parietal and striatal regions of the brain

*Response inhibition, divided attention and shifting attention and processing speed* -- mediated by the frontal regions

ource: Anderson, Anderson & Anderson, 2006.

#### Processing Speed and Working Memory

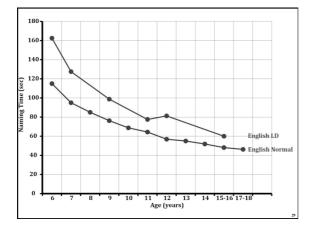
Working memory is a neural activation resource with limited capacity and duration.

Holds information in mind, as in a buffer store, while processing, interpreting, or responding to input

Contains distinct subsystems:

 Phonological loop activates verbal information in memory, important for the acquisition of content and structure
 Visual-spatial sketchpad activates visual information in memory, important for reading and writing – most processing speed tests use visual input
 A modality free central executive

Source: Baddeley, 1986, 1996.



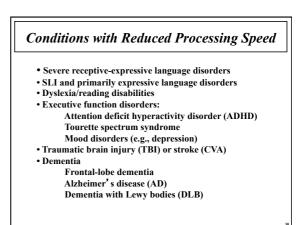
# Processing Speed during School Age

Processing speed differentiates pre-school and school-age children with normal language development from those with specific language disorders.

Both groups show similar, linear patterns of increase in visual-processing and naming speed (decreased naming time) between ages 5-6 and 15-16 years.

Of the children with significant cognitive speed deficits, about half had a severe language disorder with total language scores below 70.

ources: Wiig, Zureich & Chan, 2000; Wiig Langdon & Flores, 2001; Wiig, Secord & Semel, 2004.



# Why would SLPs assess processing speed?

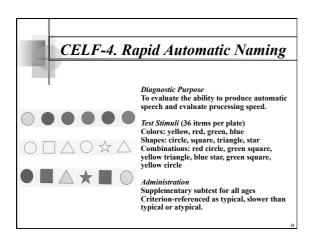
Executive function disorders, including reductions in processing speed, are predictors of neurologically-based disorders.

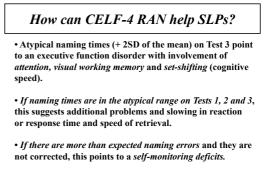
Executive function disorders may require medication as in the management of ADHD, Tourette, mood disorders and dementia of the Alzheimer's type

Executive function disorders require intervention across tasks (e.g., planning and organization) and academic domains (e.g., oral and written language)

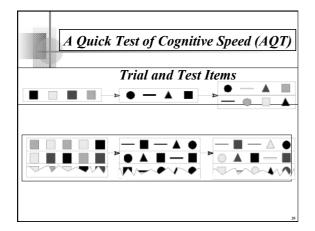
# Rapid Automatic Naming

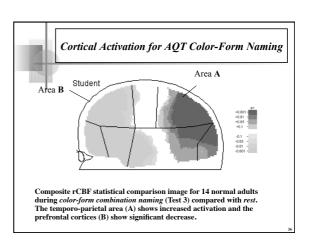
- Continuous rapid naming of dual-dimension visual stimuli (e.g., colorform combinations) requires control of attention, working memory and set shifting.
- Attention is controlled and divided in proportion to:
- (1) The degree of automaticity and available working memory resources
- (2) Resource allocation and requirements for cognitive/set switching
- (3) Structural factors in the input (e. g., single- versus dual-dimension visual stimuli)
- (4) Degree of similarity and possible confusion





• Classroom accommodations are indicated (e.g., added time, cueing).





# Word Association Tests

Evaluate explicit/conscious, verbal working memory, mediated by orbito-frontal lobe activation.

#### **CELF-4** Word Associations

Requires retrieval and naming of members of the semantic categories: animals, foods, and jobs/occupations. Subtest is supplemental and criterion-referenced

#### Emergent Literacy and Language Assessment (ELLA)

Requires retrieval and naming of members of the semantic categories: snacks, classroom things, words beginning with "m," and words beginning with "s"

#### Verbal Fluency Test (FAS)

Requires identification, retrieval and naming of words that begin with the same sounds (F - A - S).

# **CELF-4** Memory Index

Number Repetition 1 (Ages 5-16) Eight digit forward items (2 sequences each); length: 2-9 digits. Eight digit backward items (2 sequences each); length: 2-8 digits.

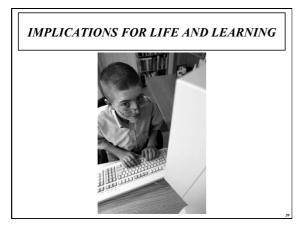
#### Number Repetition 2 (Ages 17-21)

Eight digit forward items (2 sequences each); length: 2-9 digits Eight digit backward items (2 sequences each); length: 2-8 digits

Familiar Sequences 1. Number sequences (counting forward and backward); days of the week; months of the year (forward and backward); alternating alphanumerical counting (e.g., A1, B2, etc.).

#### Familiar Sequences 2.

Number sequences (counting forward and backward); days of the week; months of the year (forward and backward; alternating numerical/day of the week (e.g., 0/Sun, 6/Mon, 12/Tues, etc.).





#### Executive Dysfunction and **Oral or Written Expression**

Language Domain

- Difficulty initiating ideas
- Difficulty limiting topic
- Disorganization and lack of
- planning
- Poor self-monitoring many careless errors
- Inability to revise verbal or edit written production
- Unable to change sets to maintain topic



#### Executive Dysfunction and Written Expression

- Memory Domain
- Difficulty handling complex memory demands
- Poor recall and maintenance of ideas
- Difficulty remembering appearance of letters/words
- Difficulty making writing legible



# Executive Dysfunction and Grapho-Motor and Handwriting Domains

Poor Fine Motor Skills

- Handwriting not an integrated skill • Impulsivity - Rapid, unplanned
- writing Excessively slow writing
- Inconsistencies when writing
- several paragraphs
- Tic interference (TSS)
- Perseverating on letters • Perfectionism - erasing constantly

# 28/03/12



#### Implications for Daily Living

#### Academic Barriers

Students with expressive language disorders, word retrieval and automaticity-of-naming deficits cannot perform within established time limits in the regular classroom.

They need extended time for responding to questions and completing oral-verbal and written assignments and untimed tests.

Teachers may need training to provide models, scaffolding, guided questioning, and individualized cues for retrieval that benefit performance.



#### **Implications for Learning**

Academic Accommodations (1)Untimed test taking (2) Untimed written language assignments (3) Use of computers for written language assignments (4) "Word banks" for fill-in-the-blank tests due to word retrieval deficits



#### **Implications for Daily** Living

Social Barriers

Gaining friends and participating in activities that require quick response (e.g., verbal games) may be difficult.

Peers and adults may interrupt responding due to prolonged delays or revisions.

ns such as social withdrawal, Reactio poor self-image, depression, passive-aggressive behaviors or anger may result.



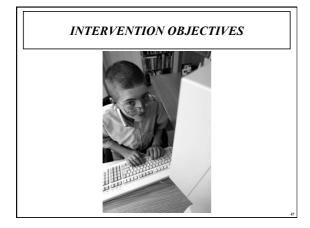
#### **Implications for Daily** Living

Interventions Social and pragmatic skills development through group counseling and therapy.

Counseling to increase family and environmental awareness of deficits and develop supportive responding.

Counseling or psychotherapy to develop adaptive social behavior

Medical intervention with appropriate medication for depr and other comorbidities.





#### **Generic Language** Intervention Objectives

Provide structure

Support planning, organizing, problem solving and implementing oral or written communication

Use mediated learning

Use guided questioning, cognitive mediation, coaching, and scaffolding



## Generic Language Intervention Objectives

Develop mental models Outline scripts and schema for listening to text and interpreting

and writing text Develop critical thinking

Emphasize analysis, categorization, comparison and contrast, synthesis, evaluation and application of concepts, expressions and text to develop in-depth understanding



#### Intervention Objectives for Executive Dysfunction

#### **Executive Functions**

Develop self-monitoring processes by scaffolding, revising spoken and editing written language, and using strategies for elaborating,

Develop strategies for planning and organizing spoken and written narrative (use conceptual mapping).

Develop mental models for narrative structure and compare and contrast different narrative types (story telling, descriptive, expositive, argumentative)



Generic Language Intervention Objectives

Abstract/figurative language

Provide bridges for the transitions from concrete (e.g., *hand*) to abstract (e.g., handouts) and figurative (e.g., *empty handed*) uses of words and expressions

Automaticity

Develop automaticity for serial language, academic sequences, structural rules, and social pragmatic repertories



#### Generic Language Intervention Objectives

Develop self-monitoring

Use scaffolding, editing spoken and written language, and using strategies for elaborating

Develop self-awareness

Explain barriers to performance and inefficient compensatory strategies, and develop effective compensatory strategies for life *Self-advocacy* 

cy autocacy

Develop strategies for appropriate self-advocacy



#### Language Intervention Objectives

Semantics Broaden knowledge of meanings and develop word associations Compare-contrast words and concepts. Relate words from many perspectives Build semantic categories and hierarchies

Semantic-Syntactic Interfaces Develop automaticity for basic sentence structures Develop structural/transformational rules with visual support Develop understanding of transition words and phrases to form logical ties and mark relationships between sentences/paragraphs



#### Language Intervention Objectives

Strategies for Word Retrieval

Expand the stored vocabulary.

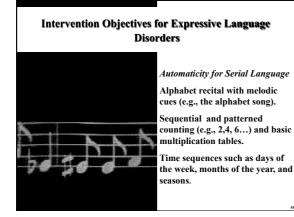
Develop strategies that include:

(1) Using word associations, word opposites, visual or symbolic imagery.

(2) Substituting synonyms for hardto-find words.

(3) Using appropriate place-holding for processing and answering questions and when writing.

(4) Using images and imagery.



#### Intervention Objectives for Expressive Language Disorders



Awareness of audience and situational expectations

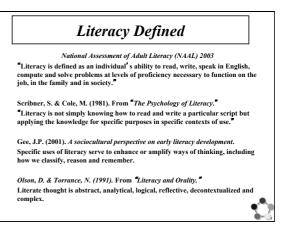
Automaticity for commonly used verbal rituals and social exchanges

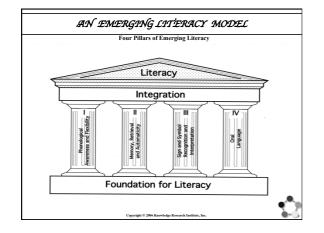
Using different words and structures to express the same intent (i.e., one intent --- many expressions)

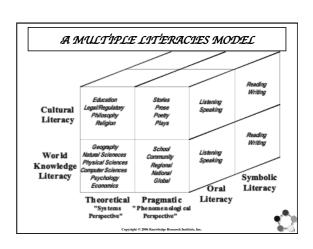
Using discourse strategies (e.g., repeating or using the previous speaker's words or phrases)

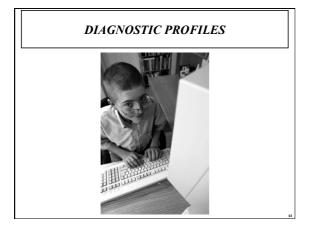
Role-playing of skits designed to reflect daily-life interactions











# Mixed Language and Emergent Literacy Deficit

#### Primary Deficiency Areas

Language knowledge (vocabulary, morphology and syntax, pragmatics) Neurobiological factors (brain structure and function, genetics) Neurocognitive factors (reasoning, verbal working memory, processing speed)

#### Secondary Deficiency Areas

Phonological knowledge (sound categorization onset-rhyme, syllable-level awareness)

Print knowledge (letter knowledge, print concepts, emergent writing) Grapho-phonemic integration (alphabetic principle) Word level reading and spelling



# Emergent Literacy Deficit

#### Primary Deficiency Areas

Neurobiological factors (brain structure and function, genetics) Neurocognitive factors (reasoning, verbal working memory, processing speed)

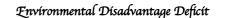
Phonological knowledge (sound categorization onset-rhyme, syllable-level awareness)

Print knowledge (letter knowledge, print concepts, emergent writing) Grapho-phonemic integration (alphabetic principle) Word level reading and spelling

#### Secondary Deficiency Areas

Language knowledge (vocabulary, morphology and syntax, pragmatics) Discourse knowledge Word retrieval





#### Primary Deficiency Areas

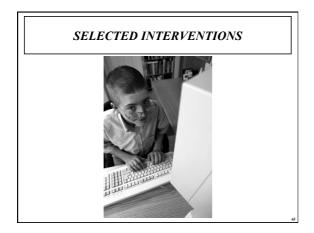
Language knowledge (vocabulary, morphology and syntax) Environmental factors (school instruction, socio-cultural values and expectations, exposure and experiences)

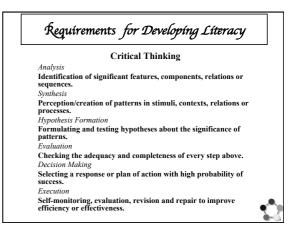
# Secondary Deficiency Areas Phonological knowledge (sound categorization onset-rhyme, syllable-level

awareness) Print knowledge (letter knowledge, print concepts, emergent writing) Grapho-phonemic integration (alphabetic principle)

Word level reading and spelling

Source: L. J. Lombardino, Assessing and Differentiating Reading and Writing Disorders. 2011.





# Curriculum Objectives for Critical

- Thinking 1. Analyzing Meanings and Topics
- 2. Grouping and Categorizing Information
- 3. Comparing and Contrasting for Similarities and Differences
- 4. Making Predictions and Drawing Inferences
- 5. Generalizing to New Contexts and Applications
- 6. Summarizing and Supporting Ideas
- 7. Evaluating Outcomes and Products
- 8. Showing Awareness and Use of Metaknowledge

# Building Mental Reference Models! Stories provide the basic structure and are often the origin of mental reference models! This is because ... • It is difficult to grasp the whole coherently • Stories are unsurpassed for effective communication • We rely on stories to tackle new problems • Stories help us learn, remember and recall • We use stories to perform mental simulations

# The Power of Stories

#### Stories ...

• give context, structure, meaning, and overall understanding of complex topic areas and relations

• portray actors, tell of conflicts and relationships, illuminates objectives and drives, and identifies threats and opportunities and other aspects in interesting situations

• cover many abstraction levels (how to, know that and why; patterns and metaphors)

 tie together concepts, judgments and other objects into mental models (schema) that provide meaningful structure, organization and relations

# Steps for Interpreting Given Information in Text Step 1. Interpreting the Title

What does the tille tell me? Awareness of relationships among words/concepts in title and content Step 2. Prior Knowledge of Theme

What do I already know? Awareness of strategies for recalling existing knowledge

Step 3. Key Words and Concepts What are the key words and ideas?

Identify, explain, mark or write difficult words and concepts Step 4. Prior Word and Concept Knowledge

What words and ideas do I already know?

Broaden meanings for critical words and concepts in text

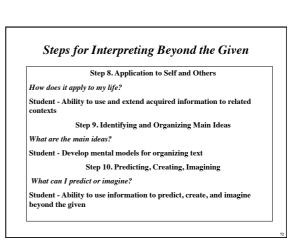
# Steps for Interpreting Given Information in Text

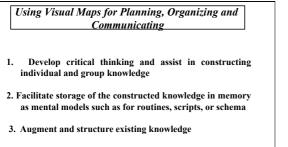
Step 5. Strategies for Recalling Information

What can I remember?

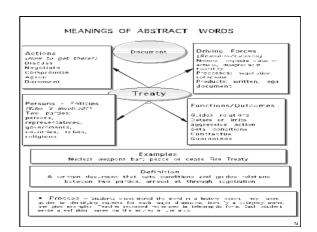
Use of new/additional strategies for recalling information

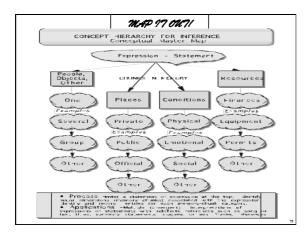
- Step 6. Likenesses and Differences How are words and ideas alike or different?
- now are words and weas anke or agger
- Knowledge of meaning relations for establishing semantic networks Step 7. Cause-Effect, Time, Location, and Human-Relationships What changes do I see?
- Knowledge of cause-effects, times, locations, and emotions and their changes

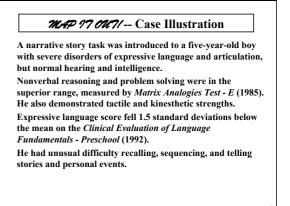




4. Integrate old and new knowledge for immediate and long term learning and application







#### *MAP 17 OUT*/ – Illustrative Procedure

A multimodality approach with conceptual mapping seemed appropriate for this boy.

- It would use his significant visual and kinesthetic strengths and weaknesses to reinforce his weak
- expressive language. It would help him comprehend relations among ideas

in story parts.

It would help him organize and formulate his own story.



The goal of this first lesson was for Ian to tell a story with a beginning, middle, and end.

I type the story he dictated on the computer and run off a copy for him.

I drew a *"mind map"* consisting of three squares. I explained to Ian that the squares represented the three

parts of a story, beginning, middle, and end. Then I told him the story of "The Three Bears" using a

picture book.

#### *MAP 17 OWT*/– Illustrative Procedure

The idea that he could tell his own story was introduced by reviewing the story "mind map."

- He dictated his own simple story to me as I typed with a child's computer program that placed pictures in the story to represent some of the words.
- He retold the story of "Sara Raccoon" instead of an original story. Although it was not my intention for him to retell a story, I realized that he had greatly improved his ability to retell a story.
- He supplied a beginning that included the characters and the setting, a middle with some of the events of the story, and an ending

## MAP 17 OUT ! The Kindergartener's Story

The Knights of the Golden Cup

Once upon a time there was a castle. There were four good knights and one King of the Lions. A long way off came the Dragon Knights and the Boss of the Dragons. And they say, "G ive up!" And the Good Knights said, "No!" There was a huge battle.

The Dragon Boss say, "Give me the Gold Cup! I'm going to rule the castle." The King of the Lions said, "No!" Then, they had a battle. Then, the Dragon Knights got in jail.

Then, there was a bunch of  $w\;$  ind, a huge storm. Then, the skeleton of the Dead came in the storm. He said, "I want the cup," So he flied up and got the Golden Cup. The Lion Knight said "We have to go to the Haunted Castle and get it back!" There was lightning and a storm. The Skeleton got dead. Then the Lion Knights

got the Golden Cup and put it in the Lion Castle. That was the end of the Skeleton of the Dead. The Golden Cup was safe f orever. That is all.

#### **Selected Intervention Resources**

Buzan, T. (1989). Use both sides of your brain. 3rd Edition. London: Penguin Costa, A. L. (1991). Developing minds. 2nd. ed. Alexandria, VA: Assoc.for Supervision and Curriculum Development.

Costa, A. L., & Lowery, L. F. (1989). Techniques for teaching thinking. Pacific Grove, CA: Midwest Publications. Hyerle, D. (1996). Visual tools for constructing knowledge. Alexandria, VA: Assoc.

Hydro, D. (1976). Finan loop for constructing an energy. Accurately, Accurate

Words through Meaningful Connections. Verona, WI: Attainment & The Cognitive Press.

Wiig, E. H., & Wilson, C. A. (2000). Map It Out! Visual tools for planning,

organizing, and communicating. Eau Claire, WI: Thinking Publications. Wiig, E. H., & Wilson, C. C. (2001). *The Learning Ladder: Assessing and developing text comprehension*. Eau Claire, WI: Thinking Publications.